

# Emotionally Entangled



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As a little child, you once knew how to be carefree, to move and have your true being, but cruel love stole it away. Others now live through you...as you.

The real you reading this should be grasping the fact that you no longer need to function from the malevolent spirit implanted in language; the silent cognition of what you are reading here is sufficient to begin lifting the burden.

Lately, emotions have begun to run away with your common sense. Emotionally entangled, dark dream thoughts are always lurking. They appeal to you in those irrational moments of discontent urging you to act them out.

A lifetime of excuses has become false beliefs, leading to wrong relationships, blind alleys, hopelessness and despair. Considering this, learn how to separate from this endless loop of emotionally-sustained thought.

Those without faith have nothing but vainglorious goals and dreams; a phantom's voice leads as the hope of the hopeless.

No one can give himself faith. Nevertheless, if you will simply doubt that voice that has made you doubt what is right in your heart, it will allow faith to enter as a born-again experience.

At the threshold of reality, the masquerading self will be unmasked; fear and resentful resistance will no longer empower

it. Henceforth, remain calm. To survive, it must convince you that being upset is a very normal thing, but it lies.

Through the arousal of blinding emotions, it always drew its identity from the wrong crowd you thought were friends. Stand back from the refuge of thought-chemistry, for this ghostly thing loathes and fears observation.

You never were addicted to the judgment of resentment; it was "it" thinking through you, as you, and "it" never wanted you to know.

Upon your awakening, it will react as if mortally wounded. All this time, this thing was thriving on your emotional confusion and draining your life; all the more reason to be perpetually watchful.

Do not believe its mocking, haunting and disheartening presence. Since your frustration is its power, refrain from talking to yourself in your head lest you fall into a whirlpool of maddening beliefs.

*"It is impossible to have a meaningful life without the right response to all wrongs"*

No one can grow rightly by reacting wrongly; emotional obedience always transfers the loyalty to the tease source, allowing the dark nature to continue growing and attaching itself parasitically to your soul.

It is impossible to have a meaningful life without the right response to all wrongs.

Therefore, resent not evil, overcome it with good. Resentment in all its forms, for any reason whatsoever, will continue to separate you from the good that overcomes evil.

Evil is not a person, just the same phantom thing in others, reproducing itself through cruelty, and needing a victim's resentment to get in.

Therefore, endure cruelty and betrayal minus resentments. Hold fast to the wordless word in your heart that bears witness to these words. Be still and allow the essence of a new being to germinate through the quiet place within, revealing the redeeming Light to others.

Remember, only while in emotional extremes and submerged in fantasy can your parasitic other self survive.

Fear not, you do not sin by thinking, which is to say, observing teasing thoughts and impure images flitting across the screen of your mind. Only by indulging those (familiar) delusions of grandeur and revenge will the soul fall into agreement with the invader.

That is why it does its best to make you think that the revealing Light of conscience is the enemy; therefore, meditate unceasingly to keep from such unwitting cooperation.

Because sin is more than mere conditioning, as with post-traumatic stress disorder, it requires the soul's agreement to flourish.

The way to the way lies in that quiet place beyond the imagination realm. In this space, you will perceive a fraction of a moment into the future, and hence, find freedom from all wrong choices.

The soul of the true self can operate from two places, but a parasite from only one...the sensuous realm of mind. God does not download his mercy, meaning, and purpose into a mind lost, or escaping into an endless loop of thought.

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