

Pam's Poison Fetish



By Kelleigh Nelson

August 4, 2025

Based on data from the National Academy of Sciences, current levels of fluoride exposure in drinking water may cause arthritis in a substantial portion of the population long before they reach old age. –Dr. Robert Carton, former EPA Scientist.

Fluorides are general protoplasmic poisons, probably because of their capacity to modify the metabolism of cells by changing the permeability of the cell membrane and by inhibiting certain enzyme systems. –Journal of the American Medical Association, Sept 18, 1943

Fluoridating the public water supply violates the fundamental right of citizens to health and a healthful environment. The risks associated with water fluoridation definitely far outweigh the supposed benefits. –Romeo Quijano, MD, Manila, Philippines

*The best defense against propaganda is more propaganda.
–Edward Bernays, father of propaganda*

“Health and Human Services Secretary RFK Jr. says fluoride is an industrial waste associated with arthritis, bone fractures, bone cancer, IQ loss, [neurodevelopmental disorders](#) and thyroid disease.” He wants it removed from America’s water.

Groups like the [Fluoride Action Network](#) have been [in court](#) for nearly a decade after the EPA denied their petition against local water utilities adding in the waste product. In

September of 2024, the [ruling by California District Court Judge Edward Chen](#), an appointee of former President Barack Hussein Obama, dealt a blow to public health groups in the growing debate about whether the benefits of continuing to add fluoride to the water supply outweighs its risks.

“In all, there is substantial and scientifically credible evidence establishing that fluoride poses a risk to human health; it is associated with a reduction in the IQ of children and is hazardous at dosages that are far too close to fluoride levels in the drinking water of the United States,” the judge wrote in his [ruling](#).

Attorney General Pam Bondi and EPA Administrator, Lee Zeldin are working with the chemical association to appeal this ruling. Pam Bondi was a registered lobbyist with the Washington, D.C.-based firm Ballard Partners and has represented wealthy special interests and foreign governments, including Qatar and a refrigerant company with ties to China.

While a direct link between Bondi and the chemical association specifically fighting fluoride removal isn't clear, it's worth noting that concerns have been raised in the past about Bondi's decisions and potential influence from corporate interests during her time as Florida's Attorney General.

Zeldin received consulting payments from a Qatari investor involved in the felony corruption case against former Sen. Bob Menendez (D-NJ). During his confirmation process, Zeldin received strong support from major chemical industry lobbying groups, such as the American Chemistry Council (ACC).

In the movie, [Conspiracy Theory](#), Mel Gibson says, “You know what they put in the water don't you? Fluoride! Yeah, fluoride, on the pretext that it strengthens your teeth. That's ridiculous. You know what this stuff does to you? It actually weakens your will, takes away the capacity for free and creative thought, and makes you a slave to the state.”

It turns out that statement is factual and true. The movie "Conspiracy Theory," used several absolutely true statements about subjects most constitutionalists are aware of, in a way that "neutralized" the actual facts. The above statement repeated shortly after the movie would be answered with, "Oh, that was in that Conspiracy movie, it's not really true." This is a typical tactic of the corporate powers and the nanny state, and serves only to negate the truth.

What is sodium fluoride?

The so-called Bone Valley of central Florida contains some of the largest phosphate deposits in the world, which supply global agriculture with one of its most important commodities: synthetic fertilizer.

During the 1960s, complaints by farmers and ranchers of the highly toxic hydrogen fluoride and silicon tetrafluoride gases, which are by-products of fertilizer production, eventually forced reluctant manufacturers to invest in pollution abatement scrubbers that converted toxic vapors into fluorosilicic acid (FSA), a dangerous but more containable liquid waste.

The fluoride put in our toothpaste and water is an untreated industrial waste product, one that contains trace elements of arsenic and lead. Without the phosphate industry's effluent, water fluoridation would be prohibitively expensive. And without fluoridation, the phosphate industry would be stuck with an expensive waste disposal problem.

This is the poison that AG Pam Bondi endorses!

Natural fluoride is a mineral found in water, soil, rocks, and some foods, that plays a crucial role in maintaining strong teeth and bones, although too much can cause fluorosis of the teeth. Natural fluoride is also in many fruits, seafoods and vegetables.

Sodium Fluoride

There is no such substance as "fluoride" listed in the periodic chart of elements, nor in the Merck Index. Instead, a gas called fluorine is listed. The use of this gas in various industries such as aluminum manufacturing and the nuclear industry create certain toxic byproducts which have "captured" fluorine molecules. Fluoride waste products are also derived from the industrial manufacture of zinc, uranium, aerosols, insecticides, fertilizers, plastics, lubricants and pharmaceuticals. One such toxic, poisonous byproduct is called "sodium fluoride," which according to the Merck Index is primarily used as rat and cockroach poison and is also the active ingredient in most toothpastes and as an additive to drinking water.

Fluorine is the most highly reactive, and chemically unstable of all existing chemical elements. Fluorine is not found by itself in nature because it is so unstable that it chemically combines, violently in many cases, with practically any other element. Fluorine has the strongest effect of all the halogens (bromine, chlorine, fluorine). Halogens are the non-metallic elements. Fluoride is one of the major ingredients in the controversial psycho-active psychiatric drug, Prozac, which is used so prevalently in the UK that it is now in the water and the filtration systems cannot remove it. Sodium fluoride is also in the deadly Sarin military nerve gas, designated Isopropyl-methyl-phosphoryl fluoride.

Alcoa Aluminum in Alcoa, TN, is only about 20 minutes from where I live. Fluoride is used to make aluminum. Our pups get their teeth brushed every night with a chicken flavored dog toothpaste that has no fluoride in it. Why? Because if the dogs swallowed fluoride on a daily basis as they do with the chicken flavored paste, it would kill them. Occasionally, I had the veterinarian clean our dogs' teeth while they were under anesthesia. Thirty-five years ago, our vet asked if we wanted a fluoride treatment on their teeth while they were

under. I gave him a copy of Christopher Bryson's [The Fluoride Deception](#).

In discussing Alcoa Aluminum and their use of fluoride in the manufacture of aluminum products, the vet commented that he'd seen fluorosis in the teeth of cattle near Alcoa where the water is loaded with fluoride. Fluorosis is an irreversible condition caused by excessive ingestion of fluoride during tooth and bone forming years which damages the enamel forming cells. It also has destructive effects on the rest of the body.

At the time when sodium fluoride was first put in the water in Grand Rapids, Michigan in 1945, there were no fluoridated products available commercially. Crest introduced its fluoridated toothpaste in 1955, and Colgate added fluoride in 1967. We now have so many fluoridated products, from our toothpaste to floss and mouthwash, which many choose to use topically. We should be asking, "Why do we need toxic chemical byproducts in our water and in all these products?" Check your toothpaste tube, it says in bold, do not swallow. Fluoride should not be ingested.

The question that begs to be asked, why would we think that it is okay to ingest fluoridated water, but not swallow toothpaste? Obviously, it isn't. There is absolutely no concrete proof that waste-product-fluoridation contributes to the dental health of American children. Fifteen years ago, an Australian newscaster warned that sodium fluoride was poison.

Despite dental pressure, 99% of western continental Europe has rejected, banned, or stopped fluoridation due to environmental, health, legal or ethical concerns. Only about 5% of the world population is fluoridated and more than 50% of these people live in North America.

Who does it benefit?

Sodium fluoride is quite expensive for the worlds' chemical companies to dispose of, but in the 50s and 60s, Alcoa Aluminum and the entire aluminum industry (who had an overabundance of the toxic waste) somehow sold the FDA and our government on the insane and highly profitable idea of buying this poison at a 20,000% markup and injecting it into our water supply and dental rinses. Of course, much of the water goes down the drain, but we also bathe in it and it is absorbed by our skin. The chemical industry and others have not only a free hazardous waste disposal system, but we also pay them handsomely with taxpayer dollars.

This is the poison that AG Pam Bondi endorses!

Professor Kaj Roholm, former Chief of the Toxicology Committee for the National Research Council classifies hydrofluorosilic acid and hexafluorosilic acid as "extremely toxic." One chemical company selling fluoride to water suppliers describes it as "a colorless to straw yellow, transparent, fuming, corrosive liquid with a pungent odor and irritating action on the skin."

Dr. Phyllis Mullenix

In 1995, [Dr. Phyllis Mullenix](#) published a very important work on the neurotoxic effects of fluoride in rat studies. Dr. Mullenix earned her PhD in pharmacology from the University of Kansas in 1975. She then went to John Hopkins School of Public Health in Baltimore to Harvard, to the Forsythe Dental Center in Boston, first into the Department of Pharmacology and then in 1983, the first toxicology department in a dental research institution was established. She was brought in to look at the environmental impact and the toxicity of products that are used by dentists and the dental community. And in particular they specifically mentioned fluoride, mercury, and nitrous oxide.

Her paper concerning the neurotoxicity of sodium fluoride in

rats was published in the [Neurotoxicology and Teratology](#) journal, a peer reviewed journal in 1995. The study basically found three things. First of all, sodium fluoride in the drinking water of young animals, showed that with time – meaning a period of weeks in a rat's lifetime – they would develop changes in their behavioral patterns, and that pattern change was a hypoactivity pattern. They became slower, like "couch potatoes." It had a specific pattern to it which was strikingly similar to the pattern that she had seen in substances or drugs that they used to treat acute lymphocytic leukemia in children, which clinically cause IQ deficits. They also looked at fluoride levels in the brain an hour after IV injections, but Dr. Mullinex felt this did not mimic properly what the population of America was ingesting in their drinking water. What they found after a test on the animals drinking fluoridated water was that there were major accumulations of fluoride in all the regions of the brain, and that some areas looked like there were greater accumulations than others, that were sex-determinant.

Harold Hodge was one of the founders of the Society of Toxicology. He was also one of the chief pharmacologists of the Manhattan Project, and in that Manhattan Project, he had done a lot of the studies on toxicology of fluorides, in looking at the adverse effects that you could expect from fluoride extending from the exposures to uranium hexafluoride. Fluoride was used to make the atomic bomb. Hodge talked about how weird it was during the Manhattan Project, how one scientist couldn't talk to another scientist and go from one laboratory to the next. But he never said anything to Dr. Mullinex that he knew fluoride would affect the central nervous system.

In 1996, after Dr. Hodge's death, investigative reporters Joel Griffiths and Cliff Honicker, had various declassified documents, and of the documents in this whole series of papers was a request from Harold Hodge to the military, saying

something to the effect that they wanted money to do studies to look at the effects of fluoride on the central nervous system in an animal model. They specifically stated that they had evidence, clinical evidence, that fluoride would cause confusion, drowsiness, lassitude, and that they were afraid that workers who worked with uranium hexafluoride were going to become a danger, either to themselves or to other people who they were working with, if they should have their brains affected by fluoride. They thought that this was something that should be examined. Hodge was also responsible for human radiation experiments.

This is the poison that AG Pam Bondi endorses!

Dr. Mullinex gave her speech regarding her research on fluoride to the National Institute of Health (NIH) in late 1990. The FDA was there, the National Institute of Dental Health and others. When she mentioned the results of her research on fluoride and the damage she saw, the audience attacked her with questions regarding her research methodology. Eventually she lost her job because of what she exposed. But then she exposed those who fought her and the results of her research.

In 1997, Dr. Mullenix was interviewed by Paul Connett. The discussion was about fluoride and the brain. [Here](#) is the transcription.

Many honest scientists have attempted to blow the whistle on sodium fluoride's false propaganda campaign. They have ended up being "blacklisted," and their valid points disputing the vested interests of these mega corporations never get the press they deserve. If one follows the money the "control" behind this is prominent American families. The 1952 campaign to convince the public of fluoride's benefits was rammed down our throats by the Public Health Departments and various dental organizations. Sadly, sodium fluoride has now become usual and common and is even offered in dental offices as

specialized treatments for “sensitive teeth” where the gums have receded.

Fluoride/Aluminum & Alzheimer's

Independent scientific research evidence over the past 60-plus years has shown that sodium fluoride shortens our life span, promotes various cancers and mental disturbances, and makes humans stupid, docile, and subservient, all easily done in the drinking water of Americans. There is also increasing evidence that aluminum in the brain is a causative factor in Alzheimer's Disease, something we rarely saw with the epidemic proportions of today before the 50s. Evidence points toward sodium fluoride's strong affinity to “bond” with this dangerous aluminum. Remember it is a byproduct of aluminum manufacturing and also it has the ability to “trick” the blood-brain barrier by imitating hydrogen ion thus allowing this chemical access to brain tissue.

This is the poison that AG Pam Bondi endorses!

In 1992, American scientists, Robert Isaacson, Julie Varner, and Karl Jensen found that fluoridated water carried aluminum into rat brains, producing Alzheimer's-like changes in brain tissue. Phyllis Mullenix, who gave lab mice moderate doses of fluoride and generated symptoms resembling ADHD, fears that the high incidence of both diseases in the general population is direct evidence of fluoride's toxic effects and that both the number and kind of such injuries may worsen in the coming years.

Fluorides are cumulative toxins. The fact that fluorides accumulate in the body is the reason that U.S. law requires the Surgeon General to set a Maximum Contaminant Level (MCL) for fluoride content in public water supplies as determined by the EPA. This requirement is specifically for the purpose of avoiding a condition known as Crippling Skeletal Fluorosis (CSF).

Arthritis, increased risk of hip fracture, Alzheimer's, heart disease from fluoride concentrates in the arteries which attracts calcium and can contribute to their hardening, thyroid problems, Down's Syndrome, breathing difficulties, reproduction problems, and other central-nervous-system disorders have all been linked by scientists to fluoride exposure.

AG Bondi and EPA Administrator Zeldin must [drop EPA's appeal in the decision against fluoride](#). America's health is in the crosshairs.

Sodium fluoride is rat poison; Pam. Remove it from America's water.

© 2025 Kelleigh Nelson – All Rights Reserved

E-Mail Kelleigh Nelson: proverbs133@bellsouth.net