

The Amish: North America's Health Control Group



By Sid Secular

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Because the Amish have rejected modern life, they have unwittingly become a control group for many of the ills that have been plaguing the rest of us for many decades now – particularly the trends associated with Big Tech, Big Education, dissolution of the family, Big Food, Big Pharma, and corporatized medicine.

Fifty years ago, most Amish men were farmers. Twenty-five years ago, it was down to about half. Today, only a small minority continue to farm, and that number continues to shrink. The rest become carpenters or tradesmen, and some are forced to adopt technology in order to survive. Inevitably, their young men bring home influences from the modern world, which impacts their families. Their culture depends on men working along their fathers, learning skills in a sort of informal apprenticeship, developing a work ethic while mastering manhood. Because of child labor laws, carpenters and tradesmen cannot bring their sons to work with them anymore like farmers can, and it's having a significant impact on the next generation. A basic problem is that if the Amish keep losing their farms, they will lose their way of life forever. The churches may still be operative, the people will still exist and the name may not change, but Amish culture as we know it, will disappear. The control group will be gone, along with one of the best sources for real food in our nation.

The powers that be would love such an outcome, because the Amish way of life is drawing more attention now than it ever has and is inspiring others to look for ways to escape the control grid. Many Americans are starting to notice that opting out of the Great Reset policies, the Amish are healthier, happier, and have stronger families and communities. They demonstrate the benefits of not choosing to be slaves to our technology. We see their children thrive without screen time, that they exhibit superior mental health, that they fare better because they spend far more time than the average youngster in the outdoors, getting exposure to the sun, getting dirty, and working alongside their families and friends. Studies of Amish health outcomes show that Amish children who are not subjected to a variety of injections have far lower levels of ADHD and autism while exhibiting few autoimmune diseases and allergies. As well, nutrient-dense farm-fresh foods along with all that physical activity help prevent obesity, raise the rates at which “childhood” (and other) diseases are overcome, and as a result even through the rest of their lives, this “healthy start” helps the Amish cut the ordinary dependence on Big Pharma.

It’s a problem for the elites if the rest of us human lab rats and sheeple can look outside our mental cages and see that another – a *better* – life is possible. Act now and follow the example of the Amish! Reclaim the wisdom of past generations and find that life outside the present dystopia is still possible. Join the increasing number of outside attendees at Amish homesteading festivals and learn how to return to a simpler, freer, *better* way of life.

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